

Care Certificate and Practical Skills Training

Week 27: 1 July to 5 July 2024

6 pm to 7 pm Ghana time, 7 pm to 8 pm Nigeria time

WhatsApp +44 7939859024 for the Google Meet link

15 Care Certificate standards with other practical skills for working in UK health & social care.

(using scenarios, audio, video, role play, analysis, documentation and ChatGPT-4o prompts)

1. Roles and responsibilities - different types of residents and needs, social worker, community nurse, GP, family members, care home and home care managers, care assistants, IMHA, IMCA, occupational therapist, SALT, physiotherapist, paramedics etc.
2. CQC - Quality Statements, KLOEs (used in the past), the inspection and standards.
3. Different types of documentation including electronic systems. Care Plan & Daily Notes.
4. Mental capacity - illness related eg dementia, delirium, Parkinson's disease, stroke, alcohol dependence etc. Mental illness - personality disorders, anxiety, depression, mania, psychosis and organic disorders. Neurodiversity awareness.
5. Safeguarding - neglect and abuse scenarios, documentation and notifications to CQC.
6. Dynamics within family members, senior staff, management and other colleagues.
7. Best interests decisions, MDT, LPA types, Court orders, Advance Directive / Decision.
8. Medication training - 6 R, administration by care staff. What is prescribing & dispensing?
9. Dressings and skin integrity. Stages of bruises, wounds and how to raise concerns.
10. Nutrition - IDDSI and devices used to assist feeding. PEG feeding. SALT assessments.
11. Continence - terminology, pads, inco sheets, safe practices. Catheter and Stoma care.
12. Labelling, taking photos and documentation of service user possessions. Lost & Found. Damaged items. What is allowed in the resident rooms? Theft. Police reports.
13. Basic life support, CPR and AED. First Aid. UK emergency services. 999 misuse.
14. Manual handling for objects or people. Know the equipment. LOLER Checks. Incidents.
15. Equipment, inventory, utensils and linen used in clinics, care homes and home care.
16. What is Statutory? Code of practice, Guidelines & Best practice. Compliance & Governance. Human rights. How to keep up with the regulations?
17. Fire safety and procedures, Fire marshall, Fire drills, Fire alarms etc. Safe disposal.
18. Health & safety - HSE regulations, how to raise concerns, documentation etc.
19. Lifestyle and culture in the UK. Soft skills. Useful websites. Social media. Conferences.